## **GUIDE FOR PARENTS—MOBILE DEVICES**

- Set up a password/passcode for the phone Ensure the child understands the value of keeping that information private, even from friends. Set up the phone to automatically lock.
- Turn off or limit in-app purchases Many applications out there are predatory.
- 3. Have a dialogue with children about your expectations of usage in advance of giving them access to mobile devices.
- 4. Discuss the risks and expectations of social media use.
- 5. Consider the installation of monitoring software.
- 6. Consider a policy where students get approval prior to installing an App, so that you can review whether or not the app is safe, and be aware of what data the application is asking for.
- 7. Make sure your kids understand that anything they share is something they would be comfortable sharing in person, and that once you share something, you are no longer in control of who that person shares with. Encourage them to ask questions such as "Would I want my future boss to see this?"
- 8. Be aware of or disable location sharing for apps that don't necessarily require it (typically all but GPS).

## Art courtesy of Freepik

- 9. Avoid physically sharing a mobile device with others, especially if you have concerns about the privacy of the content of the phone. Anyone who's had someone continually swipe through a photo gallery when all you wanted to share was one pic, might recognize this.
- 10. Watch costs on your bills to ensure they are consistent and within the financial boundaries of your plan. Discuss data usage with your children and how to monitor it.
- 11. Advise your children about the use of mobile devices when moving. Use of mobile devices while walking, riding or driving greatly increases the risk of accidents caused by distraction.
- 12. While most of these guidelines regard keeping your own data safe, it is also vitally important to have frank discussions with your children about your expectations of them keeping others data safe. Do not secretly video or photo people without consent. Do not share others private data. Don't use anonymity to mask actions you wouldn't consider appropriate when not anonymous. Understand that bullying can be equally damaging in digital environments as they can in physical ones.

For more information check out <u>www.connectsafely.org</u>, <u>www.commonsensemedia.org</u>, and your mobile device provider.